

# Carbon conversations with Maria Cooper

26 April (Legacy)- 3 May (Legacy) –17May (Upper CC)-31 May+7June (Barrel House 265)  
2-5pm

Carbon Conversations is an inspiring series of 5 group discussions, involving games, knowledge-building, idea-sharing and reflections. Developed by psychotherapist Ro Randall and engineer Andy Brown, it takes a unique approach that addresses the practicalities of carbon reduction while taking account of the complex emotions and social pressures that make this difficult. It is a facilitated course, you get a handbook and workbook with relevant information and prompts, and can expect to try some things out at home!



**Cost (sliding scale):**

Foundation Co-workers by donation

NFA, NFD, FF College £ 35-10

Community £ 45-15

**Information and booking: [training@findhorn.org](mailto:training@findhorn.org) or phone 07794414486**