



Carbon Bites



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As the end of the year looms

Calculate and offset

As we approach the end of the year it is a good time to look back and take a look at what our carbon footprint is for 2024: if any of our activities are obviously carbon-intense, such as flying or buying a new car.

We can use the carbon calculator PET provides through our co-operation with [Carbon Footprint LTD](#) which is free to use.

Save the data so you can compare it with next year's!

Knowing our carbon footprint we might want to take responsibility for the CO2 emissions, or should we call it waste? It can be balanced by carbon offsetting. It's easy to purchase carbon offsetting in the Global South through the calculator, it helps regions that will especially feel the effects of global warming. The projects also bring co-benefits such as income, employment, resilience, biodiversity and food security.

Remember that the cost of flying is the ticket price plus carbon offsetting.

Conscious Christmas gifts

It can't be helped - Christmas gifts also carry their carbon footprint. If you want to have small gift footprints here are some tips:

- To begin with, don't give unwanted presents
- Give an experience instead of a thing: concert or museum ticket,
- Give items that are handmade, recycled, second-hand, refurbished (electronic items and household machines)
- Activities the recipient will enjoy: Paint, jigsaw puzzle, origami, mushroom growing kit, bee hotel
- Locally produced things (no long transportation chains)
- Gifts for living a healthy and carbon reduced life: garden tools, seeds (maybe what you harvested from your own garden)? A small greenhouse
- Supporting friendship: Invitation to go for a walk, camp, swim together
- Donate or give membership to a charity, subscription to an eco-magazine
- Tell your family that these kind of gifts are what you prefer